

Our Coaches:

Cross Roads Fencing Center was founded by two Épée fencers to bring the exhilaration of Olympic Style Fencing to Marlborough and the surrounding area. Coaches Robert and Kathy Patterson trained to fence with former US Olympic coaches and athletes and received Coaching Certification from the US Fencing Association Coaches College at the Olympic Training Center in Colorado Springs. They and their son fence locally and continue to compete in National events across the country.

Robert and Kathy are active in the community. Robert has previously coached youth hockey. Kathy mentors middle school students in engineering.

Robert Patterson:
USFA Certified Coach, Épée Level 2
Nationally ranked Épée fencer
Nationally ranked Épée Referee

Kathleen Patterson:
USFA Certified Coach, Épée Level 1
Nationally ranked Épée fencer

Fees:

Class fees are listed on our website for course fees and schedule.

Fees include use of club equipment and are non-refundable after the first class meeting.

Register ahead of time, or at the 1st class of a session.

Class schedule:

See our website for a complete listing:

Some popular times include:

Saturday mornings:

9-10:30, ages 12+

10:30-12, ages 10-11

12:30-2, ages 8-9

Tuesdays/Thursdays, 4:30-6, ages 8-11

Tuesdays/Thursdays 6-7:30, ages 12+

Wednesday Nights, adults only class

Check our website for the latest information.

Prepare for class:

Wear T-shirt tucked into full-length sweatpants, socks, clean and dry lace-up sneakers (indoor court shoes work well).

Bring a taste for adventure, water bottle, small towel, and dry T-shirt.

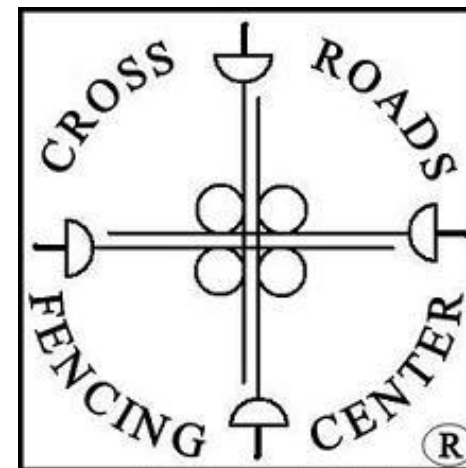
Shorts, jeans, hip-huggers, slip-on shoes and other dangerous clothing items are not allowed.

Cross Roads Fencing Center, LLC

Phone: 508.733.7236

www.crossroadsfencing.com

Olympic Fencing in Marlborough!



Marlborough, MA
Established 2007

Sign-up now for **Épée**
fencing classes.
Now in our 5th year.

Classes now being held at our new facility, 267 Maple St , Unit I, in the Kennedy Business Center Driveway is next to the Fire Station on Rt 85.

Learn French! Épée is French for "sword".

Olympic style fencing comes to Marlborough!

Why fence?

It's fun!

Enjoy the thrill of a sport that combines the footwork elements of boxing, the balance elements of martial arts, and the strategic thinking of a chess grand master.

Who can fence?

Everyone!

Boys and girls, men and women, young and old, all are welcome. Fencing is a life-long sport. Fencers are as young as 6 and well over 60. Beginning fencers are separated by age: 8-12, 13-16, and 17-adult.

Do I need fencing equipment?

Equipment provided!

There is no need to spend a lot of money on equipment to try the sport. Wear a T-shirt, long sweatpants, and lace-up sneakers. Beginners use club-owned fencing equipment.

Is it dangerous?

No!

Fencing "weapons" are not sharp and fencing "touches" are light (about 1½ pounds). Our class sizes are small to provide excellent supervision. Our coaches are United States Fencing Association certified coaches with Red Cross Training in CPR and Sports Safety, just in case. All sports carry some risk of injury.

When can I start?

Now!

See schedule on reverse and register through the Marlborough Recreation Department today. Classes fill on a first come, first served basis. Medical Release / Wavier of Liability form and CRFC Athlete Code of Conduct form available on our web site or at the Marlborough Recreation Department office.

Tell me more!

Visit our web site or call today!

Cross Roads Fencing Center
www.crossroadsfencing.com
508-733-7236